



# Important Wellness Activities for Open Enrollment Incentives

Benefits eligible employees are invited to attend one of the upcoming virtual presentations to learn more about this year's open enrollment incentives. A representative from ConnectCare3, our health and wellness partner, will review the opportunities employees/spouses/dependents enrolled on Wilkes University's health plan have to work with Registered Nurses, Certified Health Coaches and Registered Dietitians at no cost. We will also review a new offering, the ConnectCare3 wellness platform and app (which is available to all benefits eligible employees), and how wellness incentive activities will be tracked via this platform/app.

## Session 1

Date: April 2nd  
Time: 11 am ET

[Click Here to Join](#)

## Session 2

Date: April 8th  
Time: 1:30 pm ET

[Click Here to Join](#)

## Session 3

Date: April 11th  
Time: 11 am ET

[Click Here to Join](#)



For more information about ConnectCare3, please visit [connectcare3.com](http://connectcare3.com)

Wilkes University