

Wellness at Wilkes

Find information about Wellness Committee initiatives and supporting resources here.



Initiatives

April, 2024 - HR and the Wellness Committee announce information about the Wellness Incentive for Open Enrollment 2025!

Watch the recording of an information session explaining the program [here](#).

To earn your 2025 wellness incentive, follow these simple steps:

1. Set up your account at the [ConnectCare3 site](#) using the Wilkes Employer code (1799). Find detailed instructions [here](#).
2. Complete the online Health Risk Assessment on the ConnectCare3 site AND
3. Complete one HealthyU course in the ConnectCare3 site/app OR attend a sanctioned wellness activity and upload the verification form to the ConnectCare3 site.
 - Access the verification form [here](#). Follow the instructions on the form to download a copy you can complete.

Deadline for completion will be some time in November, 2024 when the Open Enrollment period closes. Exact dates will be announced later this year.

Got Questions? Contact Kathy Malcom in the Human Resources office.