

# BECOME A FIRST AT WILKES STUDENT



# MENTOR

Share YOUR journey, offer support and guidance, and ***make a lasting impact.***

## Faculty & Staff Mentors

- Connect with mentee(s) 2–3 times per semester (coffee, email, lunch, quick check-in).
- Share your first-gen story or college experiences.
- Encourage use of campus resources (tutoring, advising, financial aid, counseling, etc.).
- Offer light guidance on navigating college and professional life.
- Celebrate achievements, big and small!

## Student Mentors (Sophomores–Seniors)

- Check in at least once a month (text, call, or meet-up).
- Share tips on classes, campus life, and balance.
- Invite mentee(s) to join you for events, meals, or study sessions.
- Be a friendly face on campus—sometimes just saying hi matters.
- Connect mentee(s) to resources when needed.

Building community, connection, & confidence for our first-generation students.

Questions? Email [tamara.panowicz@wilkes.edu](mailto:tamara.panowicz@wilkes.edu)